

GENERAL INSTRUCTIONS

1. Do not drink or eat anything after midnight before the procedure.
2. Have someone else drive you because you will be sedated. Please arrive promptly.
3. Be certain that you have discussed whether or not to take any prescription or over-the-counter medications you may be presently taking.
4. Do not dress elegantly. This way, we won't have any problems with stains from gargle or sprays. Leave earrings and other jewelry at home.
5. Bring your clinic card, courtesy card, insurance card or Medicaid card with you. If you do not have insurance or other financial coverage, you will need to make financial arrangements ahead of time in the Business Office of the hospital before the day of your exam.
6. If you have any questions, call our office.

APPOINTMENT INFORMATION

Date: _____

Time: _____

Place: _____

Doctor: _____

**If you cannot keep your appointment,
please call to cancel this one and you may
arrange another appointment at that time.**

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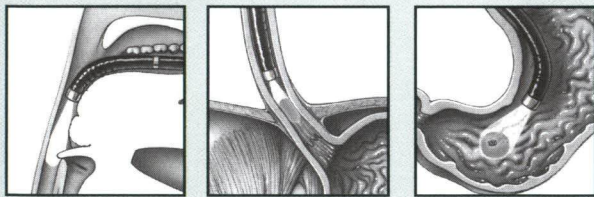
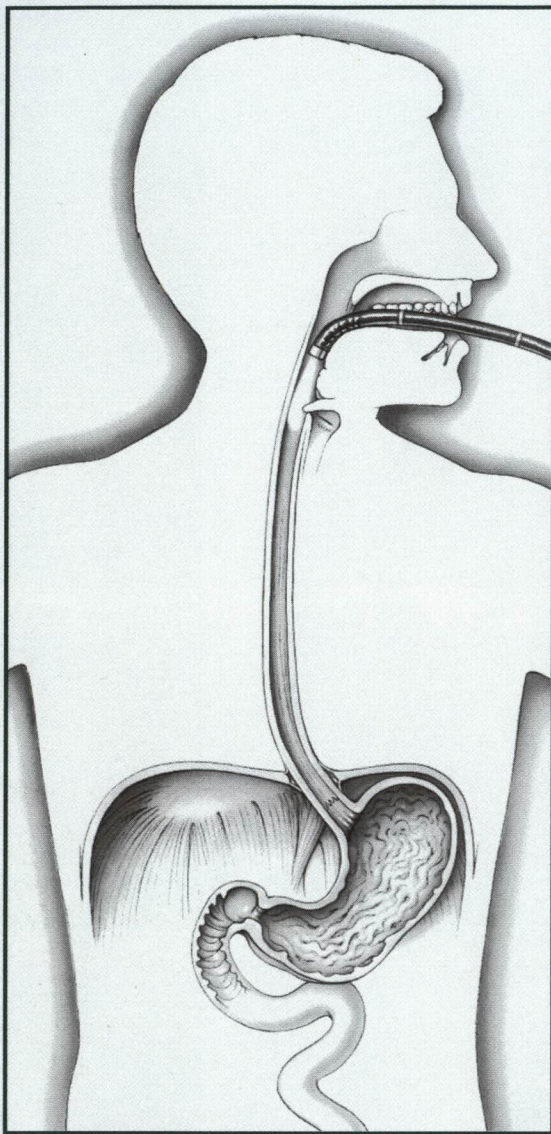
GASTROINTESTINAL
ENDOSCOPY

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GASTROINTESTINAL ENDOSCOPY



You have been scheduled for gastrointestinal endoscopy (also called EGD, esophagogastroduodenoscopy). You will be provided more information about this procedure, have your questions answered, and then be asked to provide your written consent to undergo the endoscopy.

WHY AM I HAVING THIS TEST?

Your doctor has arranged this test for a look at your esophagus, stomach and duodenum to see if there are any abnormalities of the upper digestive tract.

WHAT OCCURS DURING THE EXAMINATION?

The doctor will use a small, lighted flexible tube thinner than most of the food you swallow to examine the lining of the upper digestive tract. We may numb your mouth and throat and use medications to relax you. We don't obstruct breathing passages. We make a special effort to keep you comfortable. In fact, most patients don't even remember the procedure.

ARE THERE ANY POSSIBLE COMPLICATIONS?

EGD is safe and is associated with a very low risk. Complications can occur but are rare.

Possible complications include:

- hemorrhage (bleeding)
- perforation (tearing) of the esophagus or stomach
- pneumonia, or an adverse reaction to one of the medications.

You must tell us of allergies or peculiar reactions you have had to medicines, particularly novocains and medicines that dentists use for numbing teeth, also sedatives and pain killers. In very rare circumstances death could result from a complication. It should be emphasized that complications are extremely rare. This is a routine procedure in our hands and we are extremely careful.

AFTER THE PROCEDURE:

- Expect a mild sore throat lasting one or two days. You can use lozenges for relief.
- Do not eat or drink for one hour (your throat will be numb and we don't want anything to go down the wrong "pipe").
- Do not drive for 24 hours after the procedure.

G A S T R O I N T E S T I N A L
E N D O S C O P Y